

Name: \_\_\_\_\_





Per: \_\_\_\_\_

# Rancho High School Laboratory Safety

## Ms. Ristow



THE FOLLOWING IS A LIST OF REQUIRED SAFETY RULES THAT WILL BE FOLLOWED:

1. **Never** horse around in the laboratory. 
2. Never play with laboratory equipment or materials.
3. Always follow instructions and wait until you are told to begin before starting any investigations.
4. Never carry out unassigned experiments.
5. Never eat or taste anything in the laboratory. *(This includes gum, lifesavers, chemicals, etc.)*
6. **Wash your hands after every experiment!!!!!!!!!!!!!!** 
7. Keep all materials **not** in use away from your work area.
8. Keep your area clean. Dispose of waste materials in appropriate containers.
9. Turn off the gas or any electronically operated equipment when you have completed the laboratory investigation.
10. Report all injuries or accidents to the teacher immediately.
11. Report all spills or breaks to the teacher immediately. Do not attempt to clean up yourself until it has been determined as safe to do so.
12. Never use broken or cracked glassware. Alert your teacher immediately.
13. Always wear **closed-toe** shoes in the laboratory. Sandals are **not** appropriate. 
14. Tie back long hair and restrict any loose clothing.
15. When instructed, wear safety goggles **CONTINUOUSLY** until told to remove them.
16. Never rub your eyes after handling chemicals. (Remember: wash your hands)
17. **Listen carefully to the instructions given prior to beginning the lab to learn of potential hazards, dangers, handling procedures.** 

**YOU DO NOT NEED TO PRINT THIS OUT, NOR TURN IT IN...  
BUT PLEASE SAVE A COPY OF THIS FORM FOR YOUR RECORDS.**

**STUDENT NAME:** \_\_\_\_\_



I understand the crucial nature of my actions in the laboratory environment. I realize that what I do in the lab affects the safety of myself as well as my fellow classmates. Since my actions directly affect the health of others, I will do my best to adhere to the previously mentioned guidelines. I realize that if I choose to be a danger to myself and/or others, **I will lose the privilege of taking part in this class, and that I will receive a grade of "F" for that lab, and the next lab I will only receive half credit due to Ms. Ristow having to monitor my behavior for the entire lab.**

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date